



TODAY'S DATE: _____

HISTORY AND PHYSICAL

PATIENT	NAME-LAST	FIRST	M.I.	DATE OF BIRTH	AGE	SEX <input type="checkbox"/> M <input type="checkbox"/> F	SOCIAL SECURITY NO.
	HOME ADDRESS		CITY	STATE	ZIP CODE	MARITAL STATUS <input type="checkbox"/> SINGLE <input type="checkbox"/> MARRIED <input type="checkbox"/> DIVORCED <input type="checkbox"/> WIDOWED	
	TELEPHONE NUMBER HOME		WORK		CELL / OTHER		
	IN CASE OF EMERGENCY CONTACT NAME		EMERGENCY CONTACT PHONE		RELATIONSHIP		
	PRIMARY CARE PHYSICIAN				DATE OF LAST VISIT		
	EMPLOYER/OCCUPATION						
INSURANCE	WHO SHOULD WE THANK FOR YOUR REFFERAL					REFERRING PHONE NUMBER (IF APPLICABLE)	
	INSURANCE COMPANY					EMPLOYER OF INSURED	
	POLICY HOLDER					ID NUMBER	
	GROUP AND OR POLICY NUMBER					PRE-CERTIFICATION PHONE NUMBER	
PRESENT ILLNESS INFORMATION	CURRENT PROBLEMS		CURRENT SEVERITY OF PROBLEM			PREVIOUS TREATMENTS FOR PROBLEM	
	1)	PLEASE RATE YOUR CONDITION ON A SCALE OF 1-10 WITH 1 BEING NORMAL LIFESTYLE AND 10 BEING SEVERE EFFECTS ON LIFESTYLE		1 2 3 4 5 6 7 8 9 10			
	2)						
	3)	WHEN DID YOU FIRST NOTICE THE PROBLEM?		HOW OFTEN DO YOU HAVE THESE PROBLEMS?			
	4)	FAMILY HISTORY OF SIMILAR PROBLEMS					
	5)						
WHAT IS THE MEDICAL PROBLEM YOU NEED ADDRESSED TODAY?							
DOES ANYTHING MAKE YOUR PROBLEM WORSE OR BETTER?							
HAVE YOU BEEN EVALUATED FOR THIS PROBLEM BEFORE (WHAT WAS THE DIAGNOSIS GIVEN?)							

IT IS VERY HELPFUL FOR THE PATIENT AND/OR FAMILY TO COMPLETE THIS SO WE CAN BETTER CARE FOR YOU. PLEASE CIRCLE ALL TRUE ANSWERS.

THE MAIN REASON I AM HERE TODAY IS: _____ WHEN STARTED _____

MY DOCTOR IS _____

I HAVE A HISTORY OF: NONE

HEART DISEASE
 CONGESTIVE HEART FAILURE
 STROKES ANEURYSM
 CANCER
 HIGH BLOOD PRESSURE
 ASTHMA EMPHYSEMA
 DIABETES
 HIGH CHOLESTEROL
 PRIOR HEART ATTACK
 OTHER _____

MY SURGERIES INCLUDE: NONE

HYSTERECTOMY TUBAL
 GALL BLADDER
 HEART BYPASS HEART STENT
 HEART ANGIOPLASTY OR BALLOON
 HIP / KNEE / BACK
 TONSILS
 APPENDIX
 PRIOR ANGIO OR
 STENTS TO LEGS.
 OTHER _____

MY FAMILY HAS A HISTORY OF:

HIGH BLOOD PRESSURE
 HEART DISEASE
 DIABETES
 HIGH CHOLESTEROL
 STROKES
 ANEURYSM
 CANCER
 NONE

I DO OR DO NOT USE ALCOHOL

HOW MUCH _____ DAY

I DO OR DO NOT USE TOBACCO/SMOKE

HOW MANY _____ PACKS/DAY
 HOW LONG _____ YEARS
 I QUIT. WHEN? _____

LAST MENSTRUAL PERIOD DATE _____

NORMAL OR ABNORMAL
 BLEEDING OR DISCHARGE NOW
 NUMBER OF PREGNANCIES _____
 LIVING CHILDREN _____
 MISCARRIAGES _____
 PREGNANT NOW _____
 DUE DATE _____

DAILY LIVING: ___ NO PROBLEM

___ EATING NEEDS ASSISTANCE
 RECENT DECLINE
 ___ DRESSING NEEDS ASSISTANCE
 RECENT DECLINE
 ___ BATHING NEEDS ASSISTANCE
 UNABLE
 RECENT DECLINE

I LIVE WITH:

FAMILY ALONE NURSING HOME OTHER

THE FOLLOWING PROBLEMS APPLY TO ME TODAY: CIRCLE

GENERAL

FEVER/CHILLS
 WEIGHT LOSS
 DIZZY
 FALLS/INJURY

NONE

HEART

CHEST PAIN
 HEART MURMUR
 IRREGULAR HEART BEAT
 SWELLING LEGS

NONE

LUNG

COUGH
 WHEEZING
 SHORT OF BREATH
 BLOOD CLOTS

NONE

ABDOMEN

NAUSEA
 VOMITING
 PAIN
 DIARRHEA

NONE

KIDNEY

PAINFUL URINATION
 BLOOD IN URINE
 DIFFICULT URINATION
 KIDNEY DISEASE

NONE

HEAD

HEADACHE
 SEIZURE
 PASSING OUT
 CONFUSION

NONE

EYES/EARS

EYE PAIN
 VISION CHANGE
 HARD OF HEARING

NONE

NOSE, MOUTH, THROAT

BLEEDING NOSE/GUMS
 CONGESTION
 SORE THROAT

NONE

MUSCLES

TENDERNESS
 WEAKNESS
 ARTHRITIS

NONE

BLOOD

ANEMIA
 EASY BRUISING

NONE

GLANDS

THYROID DISEASE
 DIABETES

NONE

PERSONAL

ANXIETY
 DEPRESSION
 ABUSE AT HOME

NONE

COMPLETED BY _____ DATE _____

DOCTOR REVIEWED _____ DATE _____

ALLERGIES:

MEDICATIONS:

OFFICE USE ONLY:

PHYSICAL EXAM

PROBLEM FOCUSED 1-5, EXPANDED PROBLEM FOCUSED 6, DETAILED 12, COMPREHENSIVE ALL SHADED PLUS 1 UNSHADED						
HEIGHT *	WEIGHT *	BP *	TEMP *	PULSE *	RESP *	
CONSTITUTIONAL *	NORMAL	WD	WN			
HEENT *	NORMAL	EOMI	JVD	SUPPLE	BRUIT	
RESPIRATORY *	NORMAL	CTA	TRACH MIDLINE	RESP EFF		
CARDIOVASCULAR *	NORMAL	MURMUR	RUB	BRUIT	EDEMA	PULSES
ABDOMEN *	NORMAL	BS	MASSES	TENDERNESS		
PELVIC / RECTAL	NORMAL	DEFERRED				
SKIN	NORMAL	CLUBBBING	CYANOSIS	RASH	LESION	VARICOSITIES
MS	NORMAL	GAIT	UNSTEAD	WEAKNESS		
NEUROLOGICAL	NORMAL	STRENGTH	GRIP	CN II-XII		
PSYCHIATRIC	NORMAL	ORIENTATION	MS	MOOD	AFFECT	

PLAN _____

FU _____

FU _____

PHYSICIAN SIGNATURE _____ DATE _____